



PRESS RELEASE

SAVING GRACE: A MUSICAL FOR THE MIND!

An Original Musical by undergraduates from the University Scholars Club, student club of University Scholars Programme, held in conjunction with the Institute of Mental Health's 80th anniversary

Directed by Sarah Cheng & Ambreen Momin
26 to 28 March 2008, 7.30pm
University Cultural Centre Theatre, 50 Kent Ridge Crescent, Singapore 119279

Guest-of-Honour for Gala Night on 28 March 2008:
Mr. Khaw Boon Wan, Minister for Health

Did you know?

- *There are 450 million mentally unwell individuals worldwide*
- *4 out of 10 leading causes of disabilities are mental disorders*
- *Mental health concerns burden more than all forms of cancer*
- *Depression will be the second highest ranking cause of disability by 2020.*
- *1 year prevalence of Bipolar Disorders range from 0.5% to 1.7% (based on US National Institute of Mental Health data)*

The NUS Students' University Scholars Club (USC) is proud to present *Saving Grace: A Musical For the Mind*, as part of USC's efforts to help de-stigmatise mental illness and promote mental wellness. *Saving Grace* is one of the events held in conjunction with the Institute of Mental Health's 80th anniversary. Supporters and sponsors also include the Health Promotion Board, Silver Ribbon (Singapore), NUS Counselling Centre (UHWC) and the Lee Foundation. **Mr. Khaw Boon Wan, Minister for Health, will show his support as the Guest-of-Honour for our Gala Night performance on 28 March 2008.**

Saving Grace follows the journey of a young woman, Grace, as she tries to lead a normal life despite suffering from bipolar disorder, such as having to overcome her parents' disapproval when she accepts a marriage proposal from her boyfriend, Nathan. Her desire for independence leads her to work extremely hard in her job, at the expense of her relationship with Nathan, leading to a turn of events in her mental condition that looks set to break down all that she has laboured for.

Our musical is an important project in the promotion of both positive mental health, and Arts for a cause. Through it, we aim to present the tangible hope of wellness and recovery for mental health concerns, and engage a wide audience in a dialogue about the stigma behind mental health problems. We certainly hope to further the tradition of promoting social causes through the Arts, which has a growing receptive audience.

Saving Grace is entirely written, produced, directed, and staged by members of USC. USC is the student club of the University Scholars Programme (www.usp.nus.edu.sg), an interdisciplinary academic programme at NUS that offers the freedom to explore across disciplines, a wide range of extracurricular and overseas opportunities, and a community of exceptionally motivated and talented students. The Special Projects Team of USC initiates projects that aim to promote notable causes, of which the anchor project is traditionally an annual production.

Saving Grace stars Juli Lee (as Grace), Lu Jianhao (as Nathan), Preeya Elangovan (as Lexi), Sarah Cheng (as Mrs. Leong), Adrian Ong (as Mr. Leong) & Wong Yifong (as Marcus).

More information can be found on our website at <http://usc.usp.nus.edu.sg/savinggrace>.

For press inquiries, please contact Ms. Pamela Ng at pamela@nus.edu.sg or 98470101.

TICKETS

26 & 27 March 2008: \$12 (Students, NSFs, NUS Staff), \$15 (public)

28 March 2008: \$15 (All)

Tickets available from GATECRASH: online storefront (www.gatecrash.com.sg), The Substation, all SingPost Post Offices and over 250 S.A.M kiosks islandwide.

Additional Material

photography & design by Berni Chong



usc
special projects

**The NUS Students'
University Scholars Club**

proudly presents



Supported by:

LEE FOUNDATION



Counselling Centre, UHWC

“Who will catch you when you fall?”

savinggrace
A Musical for the Mind

26 - 28 March 2008

UCC Theatre, 7.30 pm

\$15 (public), \$12 (concession*)

**Tickets at www.gatecrash.com.sg,
all SingPost outlets, and S.A.M machines**

*only applies on 26 & 27 March 2008 tickets for Students, NSFs & NUS Staff

<http://usc.usp.nus.edu.sg/savinggrace>

More publicity photos available on request. Please contact Ms. Yasmeen Hussain at u0702462@nus.edu.sg or 93687061.

Synopsis (for press use):

Nathan proposes to Grace. She says "Yes"! But are they really meant for each other? Grace suffers from depressive bouts, having to battle perpetual prejudice in the workplace, while Nathan needs to be on constant medication to treat a certain Attention Deficit Disorder. So, when their blossoming relationship turns into a serious marriage proposal, it is adversely received by Grace's parents. In the midst of overcoming parental disapproval, trying to adjust to married life, and striving to excel at work, a turn of events in Grace's mental condition looks set to break down all that she has worked for...

*Join us, as we unravel how Grace struggles to be seen for **who** she is, in an effort to prove her independence to her family, her peers, and to herself.*

Getting to the University Cultural Centre, National University of Singapore:

